## Amendments to the Claims:

Claim 1 (original): A food for testing for detecting metabolic factors in life style-related diseases comprising 100 parts by weight of carbohydrates and from 20 to 40 parts by weight of fat.

Claim 2 (original): The food for testing for detecting metabolic factors in life style-related diseases according to claim 1 comprising from 73 to 77 grams of carbohydrates and from 15 to 30 grams of fat in terms of single test ingestion.

Claim 3 (original): The food for testing for detecting metabolic factors in life style-related diseases according to claim 2, wherein the food for testing for detecting metabolic factors in life style-related diseases is in the form of a cookie and provides from 460 to 600 kilocalories of ingestion calories in terms of a single test.

Claim 4 (currently amended): The food for testing for detecting metabolic factors in life style-related diseases according to any one of claim 1 to claim 3, wherein the life style-related disease is one, two or more diseases selected from the group consisting of diabetes, obesity, circulatory disease, hyperlipemia, hyperuricemia, hyperinsulinemia, and hypertension.

Claim 5 (currently amended): The food for testing for detecting metabolic factors in life style-related diseases according to any one of claim 1 to claim 4, wherein the metabolic factors in a life style-related disease is one, two or more factors selected from a group consisting of glucose, insulin, apolipoprotein B, high density lipoprotein, low density lipoprotein, triglyceride and remnant-like particles, and insulin resistance.

Claim 6 (original): A diagnostic method for life style-related diseases, which comprises subjecting an examinee to ingestion of a food for testing for detecting metabolic factors in life style-related diseases containing 100 parts by weight of carbohydrates and from 20 to 40 parts by weight of fat, collecting blood from the examinee by a time course and testing for metabolic factors in life style-related diseases, and comparing results with a result obtained before

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ingestion, thereby learning of any change in the metabolic factors in life style-related diseases and judging the presence or absence of the abnormal value.

Claim 7 (original): The diagnostic method for life style-related diseases according to claim 6, wherein a food for testing for detecting metabolic factors in life style-related diseases containing from 73 to 77 grams of carbohydrates and from 15 to 30 grams of fat in terms of a single test ingestion is ingested.

Claim 8 (original): The diagnostic method for life style-related diseases according to claim 7, wherein a food for testing for detecting metabolic factors in life style-related diseases is in the form of a cookie and provides from 460 to 600 kilocalories of ingestion calories in terms of a single test is ingested.

Claim 9 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 2, wherein the life style-related disease is one, two or more diseases selected from the group consisting of diabetes, obesity, circulatory disease, hyperlipemia, hyperuricemia, hyperinsulinemia, and hypertension.

Claim 10 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 3, wherein the life style-related disease is one, two or more diseases selected from the group consisting of diabetes, obesity, circulatory disease, hyperlipemia, hyperuricemia, hyperinsulinemia, and hypertension.

Claim 11 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 2, wherein the metabolic factors in a life style-related disease is one, two or more factors selected from a group consisting of glucose, insulin, apolipoprotein B, high density lipoprotein, low density lipoprotein, triglyceride and remnant-like particles, and insulin resistance.

Claim 12 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 3, wherein the metabolic factors in a life style-related disease is one, two or more factors selected from a group consisting of glucose, insulin, apolipoprotein B,

high density lipoprotein, low density lipoprotein, triglyceride and remnant-like particles, and insulin resistance.

Claim 13 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 4, wherein the metabolic factors in a life style-related disease is one, two or more factors selected from a group consisting of glucose, insulin, apolipoprotein B, high density lipoprotein, low density lipoprotein, triglyceride and remnant-like particles, and insulin resistance.

Claim 14 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 9, wherein the metabolic factors in a life style-related disease is one, two or more factors selected from a group consisting of glucose, insulin, apolipoprotein B, high density lipoprotein, low density lipoprotein, triglyceride and remnant-like particles, and insulin resistance.

Claim 15 (new): The food for testing for detecting metabolic factors in life style-related diseases according to claim 10, wherein the metabolic factors in a life style-related disease is one, two or more factors selected from a group consisting of glucose, insulin, apolipoprotein B, high density lipoprotein, low density lipoprotein, triglyceride and remnant-like particles, and insulin resistance.